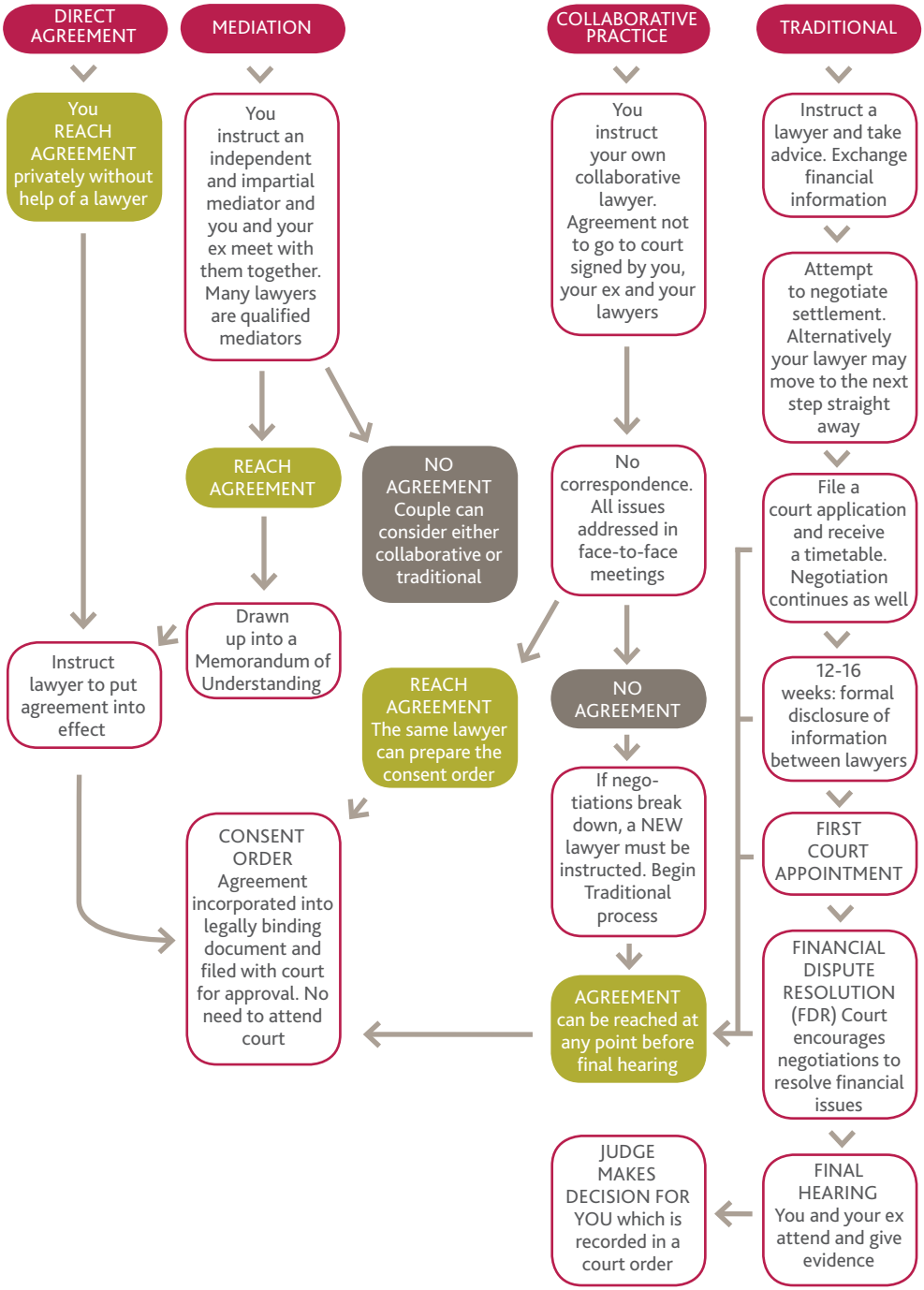My relationship has broken down. What options do I have?